Oct-14

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Oct 1, 2014	Oct 2, 2014	Oct 3, 2014	10/4/14
			BBQ Meat Balls	Baked Chicken Breast	Chili	**Fresh/Hot**
Everyone is	Call for Home	Neligh Senior	Sweet potatoes	Mashed Potatoes/gravy	Cheese Slice	**Cinnamon Rolls**
Welcome	Deliveries by	Center	Mixed Veggies	Glazed Carrots	Crackers	**on Fri. am**
to Join us	9:30 AM	402-887-4330	Fruit Cocktail Cup	3 Bean Salad	Banana	Rolls/Donuts/
for a meal, and			Wheat bread	Cherry pie	Celery/PB	or Bread Pudding
fellowship!	Call by 10 am for		milk	wheat bread	Milk	weekdays 8-11 am
	Congregate Meal			milk		
10/5/14	Oct 6, 2014	Oct 7, 2014	Oct 8, 2014	Oct 9, 2014	Oct 10, 2014	10/11/14
	Creamed Chicken	Meatloaf	Tuna Melt/Bread	Breaded pork chops	Beef stew	
	Mashed Potatoes	Mashed Pots	Baked Potato	Mashed potato&gravy	Crackers	
	Mixed Veggies	Beets	Broc/Cali Mix	Buttered Carrots	Vegatable Salad	
	Mixed Fruit Salad	Apricots	Cottage Cheese	Red jello/pears	Fruit Juice	
	Tapioca Pudding	Wheat Bread	Peaches	Choc./Cherry Cake	Pumpkin Bread	
	Biscuit		Wheat bread	Wheat bread	milk	
	milk	milk	milk	milk		
	BINGO 1:30					
10/12/14	Oct 13, 2014	Oct 14, 2014	Oct 15, 2014	Oct 16, 2014	Oct 17, 2014	10/18/14
	Runza Casserole	Baked Steak	Ring Sausage	Fried chicken	Baked Potato Soup	
	Tator tots	Hashbrown casserole	Buttered mashed potato	Mashed potato&gravy	Ham/Cheese-Bun	
	Baked beans	Buttered peas	Saurkraut	Corn	Cucumbers	
	Orange applesauce	Fruit Salad	Lime jello w/ Pears	Coleslaw	Pineapple	
	Wheat bread	Wheat Bread	Wheat bread	Apple Crisp	Cookie	
	milk	milk	Milk	Wheat Bread	milk	
				Milk		
	BINGO 1:30					
10/19/14	Oct 20, 2014	Oct 21, 2014	Oct 22, 2014	Oct 23, 2014	Oct 24, 2014	10/25/14
	Spaghetti w/ meatsa	Ham & Beans	Shepards Pie	Roast Beef	Chicken Noodle Soup	
	Peas	Corn bread	Mashed potato & gravy	Mashed potatoes/gravy	Celery sticks/pb	
	Lettuce Salad	Cooked Carrots	Mixed Vegetables	Green Beans	Fruit Cocktail	
	Applesauce	Peaches	Orange Slices	Penny Salad	Homemade Rolls	
	garlic bread	Vanilla Pudding	Wheat bread	Peach pie	Milk	
	milk	milk	milk	wheat bread	Apple Juice	
				milk	Cookie	
	BINGO 1:30					
10/26/14	Oct 27, 2014	Oct 28, 2014	Oct 29, 2014	Oct 30, 2014	Oct 31, 2014	
	Beef n Noodles	Chicken/Rice Cass.	Liver-n-Onions	Cola Steak	Vegetable soup	
	Mashed Potatoes	Buttered potatoes	mashed potato&gravy	Mashed potatoes/gravy	Ham Salad Sand	COFFE AND
	Green Beans	Squash	Broc/Cauli Mix	Corn	Mandarin oranges	ROLLS!!! Yum!!
	Ruby Pears	Fruit Cocktail	Plums	Orange Jello/Carrots	Banana bars	Everyday @ 8 am
	Biscuit	Wheat bread	Chocolate Pudding	Pumpkin Spice Cake	Wheat bread	Fridays @ 7:30 am
	milk	Milk	Wheat bread	Wheat bread	milk	
			Milk			
	BINGO 1:30					